

# Ice Climbing

## Gear Checklist

A list of Ice Climbing Gear for Vertical Ice Adventures:

### Personal Gear:

- Helmet
- Boots - Insulated Leather or Plastic  
(Dependent on type of climbing and location)
- Adjustable Leg Loop Harness
- Locking Carabiner and Tube style Belay Device able to handle Two Ropes.
- Large Crag Pack
- Headlamp (Shorter days in Winter)
- Ice tools - Leashed or Leashless
- Crampons - (Appropriate for your boots. Check Fit Before Leaving)
- Spare Picks, Small Tools for Adjustments / Repairs to Crampons and Tools.

### Clothing:

- 1-2 Pairs Socks (Wool/Synthetic)
- Baselayer Top and Bottoms  
(Wool / Synthetic)
- Fleece Top
- Down or Synthetic Insulated Jacket
- Hardshell or Softshell - Top and Bottoms
- Winter Hat and a spare
- Balaclava
- Neck warmer
- Gauntlet Gloves with Extra Dry Layers.
- Heavily Insulated Belay Jacket (Should Fit Over All Other Layers)
- Large Belay Mittens

### Ice Rack:

- Dry Rope 60 Meter X ~ 10mm or Double Twin Ropes 60 meter Dry
- Ice Screws: (Number and Length depend on numerous factors)
- A few Quickdraws
- 10 Shoulder Length Slings
- 15 Free Carabiners (Wire Gates preferred)
- A sub 20 foot Cordelette for Equalizing Anchors
- A few Locking Carabiners

### Mixed Rack:

- 10 Quickdraws
- 1 Set of Large Stoppers
- 3 Small Cams
- 3 Mid Sized Cams
- 2 Big hexes
- 2 Long Knifeblade Pitons
- One Small Baby Angle
- One larger angle
- A few Shoulder Length Slings

### Accessories / Extras / Special Gear

- Coat Hanger Bent into a Hook for Threading Anchors
- Thermos or Insulated Water Bottle
- File
- Extra Pick and Tools to change it
- Good Sunglasses
- Ski Poles for Long / Steep Approaches
- Simple First Aid Kit
- Handwarmer Packets
- Food High Calorie Content



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