

Day Hikes - Summer

Gear Checklist

A list of gear for day hikes to explore the Elk Mountains:

- Hiking Shoes or Boots
- Hiking Socks (Wool / Synthetic)
- 5-30L (liter) Backpack
- 1-2 Liter Water Bottles or Hydration Pack
- Sunglasses
- Map or Guide Book
- Sun Hat
- UV Buff
- Softshell Shorts or Pants
- Technical T-Shirt (Wool or Synthetic)
- Lightweight Fleece Vest or Top
- Lightweight Softshell or Wind Jacket
- Rain Jacket
- Food / Snacks
- Sunscreen
- Bug repellent
- First Aid Kit
- Blister kit
- Trekking Poles



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