14ers Day Climb - Summer

Gear Checklist

The 14ers of Colorado cover a broad spectrum of peaks, technicalities, and difficulties. We would strongly recommend taking climbing equipment when climbing in the Elk Mountains. If you are not comfortable with any aspect of climbing a 14er, consider hiring a guiding service.

A gear list for climbing Colorado's Fourteeners as a day trip during summer:

[] 20-35L (liter) Pack [] 2-3 Liters of Water [] Technical T-Shirt (Wool / Synthetic) [] Softshell Shorts or Pants [] Lightweight Fleece Top	 [] First Aid Kit (Steri-Strips / 4x4s / White Tape Triangular Bandage with Safety Pin / Ace Bandage at minimum / Super glue) - One per group. [] Moleskin or Duct Tape [] Knife or Multi-tool
[] Lightweight Down Jacket [] Lightweight Long Sleeve Baselayer Top (Wool / Synthetic) [] Hardshell or Rain Jacket	[] Matches / Firestarter[] Food / Energy Bars[] Maps / Directions to Trailhead
[] Rain Pants [] Sun Hat / UV Buff [] Warm Hat (Wool / Fleece) [] Lightweight Gloves (Wool / Fleece) [] 2 Pairs Socks (Wool / Synthetic) [] Hiking Boots or Sturdy Hiking Shoes [] Sunglasses [] Headlamp [] Toilet Kit (Lighter / Trowel / Ziplock Bag or Wagbag) [] Sunscreen [] Lip Balm	Optional Depending on Route, Length of Trip, Personal Preferences [] Camera [] Thin Baselayer Bottoms (Wool / Synthetic) [] Trekking Poles [] Water Purification or Filtration [] Climbing Equipment (Rope, Ice Axe, Crampons, Protection, Harness, Rescue Gear) [] Compass [] Lightweight Stove or Pot [] Adventure Medical Kit Bivy Bag [] GPS Personal Locator Garmin InReach or Spot [] Bear Resistant Canister

These are only suggestions and reminders.

Please modify as necessary with regard to the needs of your trip.





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