



Gear List for Lightweight overnights/14ers

- 2000-3000 cu in pack
- small sleeping pad
- 30-40 degree sleeping pad
- bottle with pouch or camelback
- pyramid or light tent
- headlamp
- toilet kit (tp/lighter/plastic shovel-or wagbag)
- toiletries(sunscreen/lip balm/toothbrush and paste/floss/personal medications)
- wool hat
- sun hat
- gloves
- boots
- gaiters
- 2 pair sox (3 if wet)
- shorts
- softshell pant
- thin base layer top
- softshell top
- vest
- light insulated top
- waterproof top and bottom
- camera
- first aid kit (sterry strips/4x4s/white tape/triangular bandage w safety pin/ ace bandage at minimum)
- repair kit (fabric repair/sewing/tent)
- glasses/dark glasses
- ice axe/ crampons
- rope
- rock/ice pro/self rescue gear
- harness
- rock shoes
- maps/GPS
- light stove/big cup/spoon
- food
- parachute cord for hanging food

THESE ARE ONLY SUGGESTIONS AND REMINDERS. MODIFY AS NECESSARY WITH REGARD TO THE NEEDS OF YOUR TRIP.

Call us for personal assistance (970) 925-2849

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