



International Travel Drug List and Use

Pain

Aspirin	aches, pains, inflammation
Ibuprofen	aches, pains, inflammation
Tylenol	headaches, fever
Percocet	big pain
Demerol	huge pain, non-ambulatory

Stomach

Imodium	loose bowel
Cipro	loose bowel w/ fever
Flagyl	parasites, i.e. giardia
Tiniba	parasites, i.e. giardia

Infection

Biaxin	upper respiratory
Cipro	see above
Keflex	joint/bone infection

Altitude

Diamox	prophylactic use
Dexamethasone	cerebral edema
Nifedipine	pulmonary edema
Ginko Biloba	prophylactic use

Sleep

Halcion	**any of these medications can depress respiration and cause worse problems than sleep loss
Ambien CR	
Lunesta	

General

Tobradex	eye infections
	eye pain
Anakit	injection for serious allergic reaction
Cortisone cream	poison ivy, oak-skin irritations
Fansidar or other	Malaria prophylaxis

THIS IS A DRUG LIST TO CONSIDER FOR THIRD WORLD TRAVEL OR FAR FLUNG EXPEDITIONS. TAKE THIS TO YOUR PHYSICIAN WELL BEFORE YOUR TRIP AND LET HER/HIM MODIFY AND UPDATE IT ACCORDING TO CURRENT MEDICAL WISDOM. USE THIS ONLY AS A STARTING POINT FOR CONVERSATION WITH YOUR DOCTOR!

Call us for personal assistance (970) 925-2849